

TRANSPORTATION

Tri-CAP Transportation
320-251-1612 or 888-765-5597 | tricap.org

Northstar Commuter Station
612-373-3333 | metrotransit.org

FARMERS MARKETS

Becker Farmers Market

Becker Furniture World, 13150 1st St.
May - October | Fridays | 3 p.m. - 6 p.m.

Big Lake Farmers Market

Summer: Lakeside Park, 101 Lakeshore Dr.
Wednesdays | June to August | 3 p.m. - 7 p.m.
Wednesdays | September | 3 p.m. - 6 p.m.

Winter: City Hall, 160 Lake Street N
November - April | Third Saturday | 10 a.m. - 1 p.m.

Elk River Farmers Market

Summer: Downtown Park Plaza, 716 Main St.
Thursdays | June (2nd Week) to Oct. | 3 p.m. - 7 p.m.
Thursdays | Sept. to Oct. (1st Week) | 3 p.m. - 6 p.m.
Winter: YMCA, 13337 Business Ctr. Dr. NW
November - May | First Thursday | 3 p.m. - 6 p.m.

Princeton-Zimmerman Farmers Market

Downtown Princeton, 111 Rum River Drive S
Summer Season: May - October
Saturdays: 8:30 a.m. - 12 p.m.
Winter Season: November - April
Second Saturday: 9 a.m. - 12 p.m.

St. Cloud Area Farmers Market

Lady Slipper Parking lot, 6th Ave. S
Season: May - October
Saturdays: 8 a.m. - 12 p.m.

- Market accepts SNAP-EBT
- Market offers Market Bucks Match program
\$10 match every week for SNAP-EBT
- Market offers \$2 fresh produce incentive for children
(Ages and dates may vary)

DISCOUNT FOOD SALES

Fare for All Elk River | 763-450-3880
Central Lutheran, 1103 School St. NW, Elk River
Save up to 40% off retail prices on food
Select Fridays: 1 p.m. - 3 p.m.

Fare for All St. Cloud | 763-450-3880
Salem Lutheran Church,
90 Riverside Dr. SE, St. Cloud
Save up to 40% off retail prices on food
Select Mondays: 3:30 p.m. - 5:30 p.m.

YOUTH RESOURCES

Open Doors for Youth | 763-441-1473
554 3rd St. NW, Elk River
Food shelf, clothing, hygiene, and other basics
for youth ages 16-24
Mon. - Wed. 1 p.m. - 5 p.m. and Thurs. 1 p.m. - 7 p.m.

Becker School District | 763-261-4502
Contact school social worker for assistance

Big Lake School District | 763-262-2536
Elementary & Middle School: Backpack Buddies
High School: Hornet Hospitality
Sharing table available at all schools during lunch

Elk River School District | 763-241-3400
Contact school social worker for assistance

Big Lake Summer Kids Kits
Kid-friendly, easy to fix food during the summer
763-263-2432 | blcfs.org

Big Lake Summer Meals | 763-262-7232
Free meals to anyone ages 0-18



Food Resources in Sherburne County

A Guide to Food Resources and Assistance Programs in and around Sherburne County



Hunger Free Sherburne County

Updated May 2025

FINANCIAL NUTRITION ASSISTANCE

Supplemental Nutrition Assistance Program
SNAP was designed to help income-eligible families buy food needed for good health. This program supplements a family's food budget, but is not intended to supply all of their needs. SNAP benefits are deposited monthly on an electronic card that is used like a debit card, called the EBT card. The EBT card is accepted at most grocery stores, Fare for All sites, and many farmers markets in Minnesota.

Find out if you are eligible for SNAP benefits:
Sherburne County Health & Human Services
18880 Business Center Dr. NW, Elk River, MN
Monday - Friday | 8:00 a.m. - 4:30 p.m.
Phone: 763-765-4000 or 800-433-5239
Apply online: mnbenefits.mn.gov

Women, Infants & Children (WIC)

WIC provides free supplemental foods to promote health for pregnant, breastfeeding and postpartum women, and children up to age 5.
Call 763-765-4116 or 800-433-5239 to apply.

Nutrition Assistance Program for Seniors

NAPS is a monthly supplemental food and nutrition program designed to provide healthy and nutritious options at no cost to low-income Minnesota residents who are 60 or older.
Call 651-484-8241 or 800-365-0270 to apply.



FOOD SHELVES

Big Lake Community Food Shelf

City Hall: 160 Lake St. N, Big Lake
blcfs.org | Find us on Facebook
763-263-2432

Becker Food Shelf

City Hall: 12060 Sherburne Ave., Becker
ci.becker.mn.us/205/Food-Shelf
763-261-4612

CAER: Community Aid of Elk River

12621 Elk Lake Road, Elk River
caerfoodshelf.org | 763-441-1020

Catholic Charities

Call for location, hours, and eligibility
Appointment preferred
ccstcloud.org | 320-650-1550

Clearwater-Clear Lake Food Shelf

Lions Park: 1100 County Rd. 75, Clearwater
320-558-2954

Princeton Pantry

104 6th Ave. S, Princeton | 763-631-3578

Salvation Army

Serving St. Cloud Metro Area
Call for Food Shelf and Community lunch information | 320-252-4552

COMMUNITY MEAL

God's Grub | Saron Lutheran Church

311 Lake Street S, Big Lake | 763-263-2209
Free meal second Sunday: 4:30 p.m. - 6:30 p.m.

Community Table

Locations: September - May, Elk River Legion
June - August, Sherburne County Fairgrounds
Hours: April - October 4:30-6:30pm
November - March 4:00-6:00pm
763-228-2775 | community-table.com

FOOD DISTRIBUTION

Passing the Bread

763-568-5114 | 612-226-2779
26833 5th St. W, Zimmerman
Monthly food distribution for 55398 & 55371
Last Saturday: 9 a.m. - 11 a.m.

Faith Pantry | 763-772-5288

Faith Community Lutheran Church
12266 255th Ave, Zimmerman
Weekly food distribution open to public
Thursdays: 9 a.m. - 9:30 a.m.

Monthly Produce Distributions

Free bulk produce at various locations
Big Lake: blcfs.org
Elk River: caerfoodshelf.org

East African Dream Inc. | 612-707-6173

Culturally sensitive food distribution and SNAP assistance for immigrants including East African refugees
Second and fourth Wednesday: 1 p.m. - 6 p.m.

Oakwood Community Church | 763-688-0768

12900 1st Avenue, Becker
Monthly food distribution open to public
First Wednesday: 10:30 a.m. - 12 p.m.

SENIOR DINING

Big Lake Senior Diner's Club | 763-263-2432

Coborn's Deli, 711 Rose Dr.

Elk River Senior Dining | 763-441-6288

Guardian Oaks Apts, 350 Evans Ave. NW

Princeton Senior Dining | 763-389-4602

Crystal Court Apts, 604 S 3rd St.

Zimmerman Senior Dining | 763-856-4082

Pine Cone Manor 12612 3rd Ave. S

Big Lake Meals on Wheels | 763-441-6288

Becker Meals on Wheels | 763-441-6288